

# Child with diabetes in school

Name: \_\_\_\_\_

Department: \_\_\_\_\_

Date of birth: \_\_\_\_\_



Diabetes is a chronic medical condition caused by a lack of insulin, which results in high blood sugar if untreated. Insulin is delivered by an insulin pump worn on the outside of the child's body, or is injected via a pen device.

Hypoglycaemia (low blood sugar) or a «hypo» occurs if the child has taken too much insulin or not eaten enough.



## Severe hypoglycaemia – insulin shock – the child is unconscious

- Phone 113 – they will guide you further
- Place the child in the recovery position (on their side, with head tilted back and knees bent)
- Phone parents/guardians
- To prevent further insulin delivery, the pump can be removed from the body.

**NEVER** give insulin for a hypo.

Relevant staff should keep the parents'/guardians' phone number on their own mobile:

Name: \_\_\_\_\_

Phone number: \_\_\_\_\_

Name: \_\_\_\_\_

Phone number: \_\_\_\_\_